

LIMPSFIELD JUNIOR

SPRING SUMMER 24

WEEK ONE



PRIMARY MENU WEEK 1	'GREEN EARTH MONDAY'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Veggie Pasta Carbonara	All Day Pork Sausage Breakfast with Herby Diced Potatoes & Baked Beans	Chicken Pie with Mashed Potatoes	Chicken Curry with Mixed Rice	Fish Fingers with Chips & Tomato Ketchup
Vegetarian Main Course	Cheese & Tomato Pizza with Baked Potato Wedges	Sweet & Sour Vegetables & Noodles	Veggie Mince Pie with Mashed Potatoes	Macaroni Cheese	Cheese Flan with Chips & Tomato Ketchup
Jacket Potato and Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
Sandwiches	Cheese Sandwich	Tuna Sandwich	Cheese Sandwich	Tuna Sandwich	Ham Sandwich
Vegetables	Broccoli, Cauliflower & Carrots & Mixed Fresh Salad	Roasted Peppers & Sweetcorn & Mixed Fresh Salad	Carrots, Broccoli & Mixed Fresh Salad	Sweetcorn, Country Mixed Vegetables & Mixed Fresh Salad	Garden Peas, Baked Beans & Mixed Fresh Salad
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits & Fruit Slices	Iced Banana Traybake	Oat & Raisin Cookie & Fresh Watermelon Slice	Chocolate Ice Cream

Available Daily: Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts

Portion(s) of fruit or veg		Source of wholegrain		Contains plant-based proteins		50% fruit		Oily fish	
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**Our desserts meet Public Health
England's target for 'free
sugar' intake for your child.**

Recommended fruit and
vegetable portion sizes are calculated
using School Food Standards. On average our
desserts do not exceed a third of a child's
recommended 'free sugar' intake.

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SPRING SUMMER 24

WEEK TWO



PRIMARY MENU WEEK 2	'GREEN EARTH MONDAY'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Macaroni Cheese	Hot Dog Baguette with Baked Potato Wedges and Coleslaw	Roast Turkey with Roast Potatoes & Gravy	Beef Bolognese & Penne Pasta	Fish Fingers with Chips & Tomato Ketchup
Vegetarian Main Course	Vegetable Enchiladas with Sunny Vegetable Rice	Veggie Burger in a Bun with Baked Potato Wedges	Veggie Sausage with Roast Potatoes & Gravy	Cheese & Tomato Pizza with Garlic Bread	Cheese & Onion Puff Pastry Roll with Chips & Tomato Ketchup
Jacket Potato and Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
Sandwiches	Cheese Sandwich	Tuna Sandwich	Turkey Baguette	Tuna Sandwich	Cheese and Tomato Sandwich
Vegetables	Garden Peas, Carrots & Mixed Fresh Salad	Sweetcorn, Baked Beans, Coleslaw Salad & Mixed Fresh Salad	Cauliflower, Carrots, Peas & Mixed Fresh Salad	Broccoli, Carrots, Cauliflower & Mixed Fresh Salad	Garden Peas, Baked Beans & Mixed Fresh Salad
Dessert	Ginger & Mandarin Traybake	Strawberry Jelly	Freshly Baked Chocolate Cookie	Flapjack Finger & Fresh Watermelon Slice	Homemade Shortbread Biscuits

Available Daily: Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts

Portion(s) of fruit or veg	Source of wholegrain	Contains plant-based proteins	50% fruit	Oily fish
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SPRING SUMMER 24

WEEK THREE



PRIMARY MENU WEEK 3	'GREEN EARTH MONDAY'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Vegetable Chilli & Rice	Farm Assured Pork Sausage Roll with Baked Potato Wedges	Savoury Beef Mince with Yorkshire Pudding, Roast Potatoes & Gravy	Sticky BBQ Chicken & Vegetables with Noodles	Fish Fingers with Chips & Tomato Ketchup
Vegetarian Main Course	Cheese & Tomato Pizza with Baked Potato Wedges	Macaroni Cheese	Savoury Vegetable Mince with Yorkshire Pudding, Roast Potatoes & Gravy	Veggie Pasta Bolognese	Cheese & Onion Roll with Chips & Tomato Ketchup
Jacket Potato and Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
Sandwiches	Cheese Sandwich	Tuna Sandwich	Cheese Sandwich	Tuna Sandwich	Fish Finger Wrap
Vegetables	Roasted Peppers & Sweetcorn & Mixed Fresh Salad	Country Mixed Vegetables, Baked Beans & Mixed Fresh Salad	Carrots, Garden Peas & Mixed Fresh Salad	Broccoli, Cauliflower, Carrots & Mixed Fresh Salad	Garden Peas, Baked Beans & Mixed Fresh Salad
Dessert	Baked Apple Sponge with Custard	Tootie Fruity Jelly and Mandarins	Freshly Baked Vanilla Cookie	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack

Available Daily: Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts

Portion(s) of
fruit or veg

Source of
wholegrain

Contains
plant-based
proteins

50%
fruit

Oily
fish

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.