



LIMPSFELD JUNIOR

AUTUMN WINTER 23/24



WEEK ONE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 13/11/23 : 04/12/23 : 01/01/24 : 22/01/24 : 12/02/24 : 04/03/24 : 25/03/24	Main Course	Macaroni Cheese	Chicken Tikka Curry with Mixed Rice	Yorkshire Pudding with Beef Mince & Roast Potatoes	Pork Sausage Roll with Baked Potato Wedges	Fish Fingers with Chips
	Vegetarian Main Course	Cheesy Bean Pockets	Cheese & Tomato Pizza with Garlic Bread	Yorkshire Pudding with Vegetarian Mince & Roast Potatoes	Cheese & Onion Roll with Baked Potato Wedges	Veggie Pasta Bake
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
	Sandwiches/ Street Food	Cheese Sandwich	American Style Sweetcorn & Chicken Meatball Sub Roll	Cheese Sandwich	Chicken & Sweetcorn Pizza	Ham Sandwich
	Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Cauliflower	Carrots Seasonal Greens	Green Beans Baked Beans Sweetcorn	Baked Beans Garden Peas
	Dessert	Apple Sponge	Flapjack Finger	Vanilla Sponge with Custard	Tootie Fruity Jelly with Mandarins	Chocolate Shortbread
WEEK TWO		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 30/10/23 : 20/11/23 : 11/12/23 : 08/01/24 : 29/01/24 : 19/02/24 : 11/03/24	Main Course	Cheesy Bean Pitta	Beef Pasta Bolognese	Pork Sausage Toad in the Hole with Roast Potatoes & Gravy	Chicken & Bean Burrito	Fish Fingers with Chips
	Vegetarian Main Course	Cheese & Tomato Pizza with Garlic Bread	Veggie Pasta Bolognese	Vegetable Sausage Toad in the Hole with Roast Potatoes & Gravy	Macaroni Cheese	Cheese & Onion Pastry Roll with Chips
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Sandwiches/ Street Food	Cheese Sandwich	Meatball Masala	Sausage Baguette	Cheese & Bean Panini	Cheese and Tomato Sandwich
	Vegetables	Sweetcorn Garden Peas	Green Beans Carrots	Cauliflower Seasonal Greens	Mixed Vegetables Sweetcorn	Baked Beans Garden Peas
	Dessert	Apple Crumble Bar	Lemon Cake with Custard	Flapjack with Fruit	Chocolate Cookie	Strawberry Jelly
WEEK THREE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 06/11/23 : 27/11/23 : 18/12/23 : 15/01/24 : 05/02/24 : 26/02/24 : 18/03/24	Main Course	Macaroni Cheese	BBQ Chicken Meatballs with Pasta	Roast Chicken with Roast Potatoes & Gravy	Beef Chilli with Mixed Rice	Fish Fingers with Chips
	Vegetarian Main Course	Beany Sausage Pitta	Veggie Mince Cottage Pie	Quorn Roast with Roast Potatoes & Gravy	Cheese & Tomato Pizza with Garlic Bread	Cheese & Onion Roll with Chips
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Sandwiches/ Street Food	Cheese Sandwich	Tomato Pasta	Hot Roast Chicken Baguette	BBQ Chicken & Rice	Fish Finger Wrap
	Vegetables	Sweetcorn Cauliflower	Mixed Vegetables Garden Peas	Seasonal Greens Carrots	Green Beans Cauliflower	Baked Beans Garden Peas
	Dessert	Chocolate Banana Cake	Flapjack with Fruit	Chocolate Sponge with Custard	Lemon Drizzle Cake	Shortbread with Mandarins

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.

Colours in the left column represent the band colour your child should choose for the meal that day